

# Be Unselfish!



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*Thrive!*

Nelson, WI

University Park, MD



## Dedication

*People who are unselfish.  
People who stop being selfish.*

*People who help build, achieve,  
and sustain a thriving future for  
all forever.*

*People who help prevent early  
extinction of humans and all other  
creatures and help prevent great  
damage to Earth.*

Thrive! ®  
Be Unselfish ®  
Thrivism ®  
Thrivist ®  
Thrive! Endeavor ®  
All Thrive Forever ®

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## Author/Sculptor's Note

Throughout this thought piece, sculptures are used to reinforce key points. Thrive! sculptures are created by the author /sculptor as “GChris Sculpture”. Many are created to encourage people to be unselfish and support the Thrive! effort to build a thriving future.

Sculptures can be viewed at [GChris.com](http://GChris.com) or at the Thrive! Center (Nelson, WI). Chris’ sculpture book - **Thrive! Sculpture & Thought** – is available via [Amazon.com](http://Amazon.com) or as free download via [GChris.com](http://GChris.com).

Sculptures can be acquired via [GChris.com](http://GChris.com) or at the Thrive! Center. All payments received for these sculptures go directly to support the Thrive! Scholarship Fund at the University of Wisconsin – Madison.

Chris

### Thrive! Sculpture & Thought

Sculptural Vision of a Thriving Future for All



Thought - Billions becoming unselfish. Glimmers of hope. Being unselfish provides greatest hope for thriving future for all. For all humans. For all other creatures. For Earth.

Sculpture – glimmers of hope, 3' x 3', metal mobile

Gary “Chris” Christopherson  
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### Thrive! Sculpture & Thought

Sculptural Vision of a Thriving Future for All

**Thrive! Sculpture & Thought** by GChris is mission-driven and supports building a surviving and thriving future for all forever. It supports *Thrive!*® (@ [ThrivingFuture.org](http://ThrivingFuture.org)), Thrivism® (@ [Thrivism.world](http://Thrivism.world)) and the Thrive! Endeavor® (@ [ThriveEndeavor.org](http://ThriveEndeavor.org)) to create and empower a vast, sustained human endeavor building and sustaining a thriving and surviving future for all.

Throughout this book, you will find thoughts and sculpture that challenge you to think about the future and help build, achieve and sustain a thriving future for all. For more, go to Thought & Sculpture Blogs @ [ThriveSculpture.org](http://ThriveSculpture.org) and [ThriveSculpture.com](http://ThriveSculpture.com)



#### Thrive! Thought

**“Thrive! - All Thrive Forever”**

is the holdest of bold visions for our future. It is future we all want and need. It is future we can achieve. Being unselfish is the behavior to achieve a thriving future.

It is thriving future for you. For your family and friends, for your community, for your country, and for our world. For other creatures and for Earth.

#### Thrive! Sculpture [GChris.com](http://GChris.com)

**“Thrive!”** sculpture symbolize the desire to thrive that is a natural force that drives human behavior. We, including our family and friends, our communities and our world aspire to thrive now and for the near and long term future.

**“Be unselfish”** sculpture symbolize the importance of people being unselfish. Being unselfish is the most important behavior change for building a thriving future for all.

The call to artists and people generally is to embrace both art and advocacy, use their synergy, and, by being unselfish, advance toward a thriving future for all.

## Author's Note

Be unselfish!

We must stop being selfish! We must unselfish ourselves and other humans. Most of us must be mostly unselfish if we want a surviving and thriving future for all. If we want to avoid early extinction for humans and other creatures and avoid greater damage to Earth.

[Unselfish.world](http://Unselfish.world)

The current human path is to early extinction for humans and many other creatures. Even greater damage to Earth. But the thriving path still exists, barely, to build a thriving future for all. If and only if we act now.

We still have the ability. But do we have the will?

We have a choice to make. Wise choice is a surviving and thriving future for all. **Thrive!** is a way to change our behavior and change our future to a much better surviving and thriving future. **Thrive!** is us together, a vast human endeavor, building a thriving future for all.

[ThrivingFuture.org](http://ThrivingFuture.org)

We are destroying our and our children's future. Driving many other creatures to extinction. Damaging Earth more and more every day.

Be unselfish! Stop being selfish!

Start and continue to build, achieve, and sustain a thriving future for all people, other creatures, and Earth.

Chris

unselfish [Author's definition] – Human (one or more) behavior that is not only not selfish but is kind to and caring for others (other humans, other creatures, Earth). A human (one or more) changes behavior to become unselfish - to stop being selfish and to start being kind to and caring for others (other humans, other creatures, Earth). Unselfish human behavior is essential to building and achieving a surviving and thriving future for all.









## 1. Importance and challenge of being unselfish.

Each of us is selfish to a greater or lesser extent.\* This one bad behavior, done to some degree by most all of us, will cause early extinction for people and many other creatures. Will cause great damage to Earth. This only changes if most people become mostly unselfish.

Unfortunately, people are almost always selfish. A relatively small number of people may be unselfish most of the time. More people may be unselfish temporarily when necessity (e.g. war, disaster, etc.) requires it.

Being unselfish occurs mostly when necessity requires it.

Most people are unselfish only when they must be unselfish or believe they must be unselfish. That is, when necessity or perceived necessity requires it. That is, when avoiding or dealing with a disaster.

Changing people's behavior enough to build a better future only works if most people really want to avoid a disaster or successfully deal with a disaster. Only works if most people really see avoiding a very bad future as really avoiding a disaster. Only works if most people really see a very bad future as a very bad disaster and really want to avoid it.

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\* unselfish [Author's definition] – Human (one or more) behavior that is not only not selfish but is kind to and caring for others (other humans, other creatures, Earth). A human (one or more) changes behavior to become unselfish - to stop being selfish and to start being kind to and caring for others (other humans, other creatures, Earth). Unselfish human behavior is essential to building and achieving a surviving and thriving future for all.

Unfortunately, and fortunately, a very bad future is not yet a full, immediate disaster. Seen as too far in future. Not like the dam about to break, the forest fire coming close to your home, the hurricane or tornado on the horizon, a crime about to be committed, and food/water running out.

But if the author's analysis is correct, a very bad future is closer because of all the major negative forces driving us toward a very bad future. And there are many:

- Too few want to build/achieve surviving/thriving future for all (people, other creatures, Earth).
- Too many people unaware of need/desire for surviving and thriving future for all.
- Too many care only about themselves and/or their family and friends.
- Too many care only about their own "community" (people like them, believe like them, or think like them).
- Too much loss of more inclusive "community" (all people in a geographic area or across world).
- Time running out to make necessary positive changes. At or past irreversible tipping point.
- Extreme weather more frequent and widespread.
- Extreme climate both too hot and too cold.
- Some areas with too much water and some with too little water.
- Ice melting more quickly and substantially in south and north global regions.
- More and more areas with insufficient breathable air.
- More and more areas with little or no drinkable water.
- Too many left to live in "food deserts".
- Too little healthy food.
- Too many areas without adequate shelter.
- Too many have no accessible and quality health care.
- AI good likely greatly outweighed by AI bad. AI developing without guardrails to avoid bad impact.
- Too many think in and act within "silos" rather than for the whole.
- Too many eating too much unhealthy food.
- Too many schools not helping students learn to their full potential and learn basic life skills.

- Too many houses use too much energy.
- Too much plastic accumulating and breaking down into micro and nano plastics harmful to all human and animal life.
- Too much health care does little to improve health.
- Too many not mentally and physically active to sustain health.
- Too few doctors trained well enough as diagnosticians and primary care providers.
- Wars/conflicts kill and injure many. Have major negative impacts on mental health.
- Wars/conflicts limit both surviving and thriving.
- Wars/conflicts take away much food, water and shelter.
- Wars/conflicts limit ability and motivation to address critical issues.
- Too many too poor and too many too wealthy.
- Too many unable to afford food.
- Too many can't afford adequate shelter.
- Too many can't afford health and long-term care.
- Too many can't afford training and higher education.

What makes this even worse is that many of these negative forces are combining for faster and greater cumulative negative effect.

To avoid a very bad future and achieve surviving and thriving future for all, we need to change our behavior now. We need to stop being selfish. To unselfish ourselves and other humans. To be unselfish.

This is not easy. Each and all of us find it difficult to stop being selfish. Fortunately, some of us do stop being selfish on our own and do survive and thrive. Fortunately, some of us do stop being selfish as members of a community where everyone helps ensure that its members stop being selfish and do survive and thrive.

Some of us just prefer to be selfish, even at the expense of others. Unfortunate. Some of us argue that selfishness is necessary to surviving and thriving in our current world. Not true. I will explain.

This thought piece tries to help all people and all communities learn how to survive/thrive without being selfish. Learn how much better a surviving and thriving future will be if and when most people and most communities stop being selfish. When most unselfish themselves and others. When most people are mostly unselfish.



unselfish

3' x 3' metal mobile

Each and all becoming and then being unselfish achieves surviving and thriving future for all. All humans, all other creatures and Earth.



## **2. Being unselfish and role of artificial intelligence (AI).**

**One of the major forces that will determine our future and our willingness and ability to be unselfish is artificial intelligence (AI).**

**As AI becomes more and more powerful, will it cause a very, very bad future or a surviving and thriving future for all?** If the values that guide AI development and use are mostly unselfish values, then AI can help build, achieve, and sustain a surviving and thriving future for all people, all other creatures, and Earth. If the values that guide AI are mostly selfish, then our future will be a very, very bad future.

**Will AI be a positive force, a negative force, no force, or a combination of positive and negative forces.** For the near term, it is clear that it will be a combination of positive and negative forces. But will it be more positive or more negative? The hopeful view is that it will be a major positive force for a surviving and thriving future for people, other creatures, and Earth. The worrisome view is that it will be a negative positive force preventing a surviving and thriving future for people, other creatures, and Earth.



apocalyptic?

3' x 3' Metal Mobile

Be unselfish. If selfish, then we lose the thriving and surviving future. Then our future is more and more like the apocalypse we most fear. Artificial intelligence (ai) has the potential for great good and great harm. Though the future is still developing, there is highest risk of great harm.

**Thinking through the role and power of AI, one might think of it as just a better screwdriver.** It can be used for good or even for bad. It is all in the hands of the user. But what if it gets more powerful. Think about the “sonic screwdriver” used in the Dr. Who television series. It is a very powerful screwdriver for good or for bad. One can think about the splitting of the atom as a force for possible good (careful fission and fusion enabled energy production) or for very bad (fission and fusion bombs).



**AI is much the same. AI has the potential for enormous good. Potential for enormous bad.** Think about the Terminator movie and remember only one word, “Skynet”. Skynet was depicted as an AI that became very powerful, sentient, and self-aware. When it became self-aware, it decided that humans were a threat to its existence and proceeded to try to eliminate humans. Keep in mind that Skynet was a single powerful AI whereas in the current and future world, multiple powerful AIs are being developed and will be used.



ai

1' x 1' metal mobile

AI is tool with values, good and bad, and potential to be good and/or bad. To become sentient. To become self-aware become all powerful.

For there to be a surviving and thriving future for people, there must be a way for people to earn what it takes to provide the necessities of life, including food, shelter, water, protection from heat and cold, education and training. As AI becomes more powerful, it will be able to do more and more of what people do as ways to earn a living. Add in more and more capable artificial life forms (for example, robots) who/which can do more and more of what people do. Not only can robots do more of what people do but they can do it more efficiently, effectively, and autonomously. If one envisions what highly capable and mobile robots and highly powerful AI might be able to do, it is not clear what human jobs might not be performed by a robot and/or AI as well or sufficiently as well.

Keep in mind that there are several types of AI being developed. In terms of capabilities, AI may be narrow, general, or superintelligent. In terms of function, AI may be reactive, limited memory, theory of mind, or self-aware. Some AI is being developed and limited to assisting people. Some AI is being developed to be as human as possible or be better than humans. Some AI is being developed to be always under control of humans. Some AI is being developed to be semi-autonomous. Some AI is being developed to be fully autonomous.

**A critical question for AI development and use is what values will be used if any.** In one way or another, values are built into AI. Values come in through the data that is used to build and train AI. Values come in through the algorithms designed into and used by AI. Further, values can be specifically designed into how AI thinks and acts. Herein, lie the questions. Will AI have selfish or unselfish values? If it does have either or both, how will these selfish and unselfish values be designed into and executed by AI? Do they vary by country and culture or are they universal across our world? And, finally, which values are more powerful? Selfish or unselfish values. Our future depends on how these questions get answered. If selfish values are more powerful, our future will be a very, very bad future. If unselfish values are more powerful, our future will be a surviving and thriving future for all.

**One way that AI could be used to help build, achieve, and sustain a surviving and thriving future would be to encourage most people to be mostly unselfish and help them do that.**

Suppose that every time a person makes a public unselfish decision or does an unselfish act, AI finds a way to reinforce that unselfishness. It could be something as simple as communicating a simple message - “Thank you. Your unselfish act helps build surviving and thriving future for all.” There might be ways for AI to positively reward a person for being unselfish. This might be done by positive rewards being given by other people, by organizations, and/or by governments. To avoid AI being used negatively and creating ethical issues, the author believes AI should not be used to negatively reward (punish) a person for being selfish.

There is a challenge to trying to reward and reinforce unselfish decisions and behavior. The challenge is to specifically define what is an “unselfish” decision or behavior. One approach is to specify specific public acts that are unselfish. Specific public unselfish acts by a person might include: made charitable donation of money, made charitable donation of food, made charitable donation of time, made charitable donation of art, saved a life, helped an injured person, helped an injured animal, helped person with disability, helped during fire, helped during flood, helped during a severe storm, conserved land and other natural resources, or taught children. This is not an all-inclusive list or the best list, but it does illustrate what might be specific public behaviors that AI could identify and suggest a positive reward. That AI can act on. If this specific public unselfish act is made by a person, then the person should be given a positive reward and reinforcement.

**While rewarding unselfish behavior is very important, it would be very helpful if AI would also help enable human behaviors and decisions that help other persons, other creatures, or Earth.** Maybe AI could help a person connect with persons in need or with organizations that help persons in need. Similarly, help a person connect with others who help other creatures or Earth. Maybe AI could help a person learn how a person might help others. Learn how a person might use personal financial resources, time, skills, or emotional support to help others.

**So, as the author argues, most people being mostly unselfish is likely the only path to a surviving and thriving future for all people, all other creatures, and Earth.** The author argues that AI must be designed, developed, and used very, very carefully. Very wisely. If no, a very, very bad future may befall us. If yes, we may finally have help in building, achieving, and sustaining a surviving and thriving future for all.



### **3. How do you yourself survive and thrive while being unselfish?**

**You yourself can and should survive while being unselfish.** Just as you are helping other people to survive and thrive, so must you.

**For you yourself to survive and thrive, you need financial and other resources, and you need to learn.** To survive and thrive, if you can you earn and use a living income from your work. If you can, you acquire and use savings or a retirement income (for example, Social Security, a pension, 401k savings, investments, savings accounts). You may seek financial assistance from public sources (usually State or Federal sources) if other financial resources are not available or sufficient. You may seek charity if none of these are available or sufficient. Charities exist to provide help with survival. You may seek financial help from family and friends.

To survive and thrive, you can use the above resources and others to acquire and ensure good shelter, food, water, clothing, transportation, education, and protection from heat and cold. It is important for you to acquire and ensure these necessities for both the near and long term.

To survive and thrive, you should learn as much as you can. Acquire initial education from pre-school to kindergarten to elementary school through high school. Continue to learn. For some, this is a technical or trade education. For some, this is a college education. For some, this is learning from another person. For some, this is on-the-job learning. For some, this is self-taught learning. Any or all of these can be helpful. But learning is lifelong. There is always more to learn. Over your lifetime, the world changes. So, you must know more. That requires continuous learning.

**For you yourself to survive and thrive, you must also take care of yourself.** Being unselfish does not mean you stop taking care of yourself. Take good care of yourself. Failing to take good care of yourself is bad for you and would prevent you from helping take care of others. But do not take care of yourself at the expense of others. And, most importantly, do take good care of others as well. “Others” include other people, other creatures, and home Earth. By taking good care of yourself and others and by not hurting others, you stop being selfish. You are unselfish. You survive and thrive. You help ensure a surviving and thriving future for all.

By doing all of these, you can survive and thrive while being unselfish. Key is to not do any of these in a way that harms other people, other creatures, and Earth.

**You can and should thrive while being unselfish.** Thriving while being unselfish follows the same path and the same behaviors. Thriving does not require great wealth. Thriving can be achieved without taking from others, harming other creatures, and harming Earth.

Thriving is when you perform well, are well-off (financially), are well nourished, are well housed, are well protected (exposures, crime), are well educated, are physically and mentally well (people), are growing/developing well, are living within good habitat, are physically well (plants, animals, environment), are not vulnerable, are producing personal and public goods, are living within a stable, positive climate, and are sustainable. To clarify “well-off (financially)” does not mean great wealth. It means enough financial resources to live reasonably well for a lifetime. Beyond that, financial resources should be shared with others.

Thriving is more than being what was detailed above. Thriving is much about feeling good about yourself and caring about and for everything else.



Thrive!

3' x 3' metal mobile

Thrive! A thriving future for all if and only if humans stop being selfish, shortsighted, and stupid. Instead, being unselfish. Then and only then will there be a thriving future for all humans, all other creatures, and Earth.



**To ensure all thrive, including ourselves, you can and should take the path to, believe in, and envision a thriving future for all, including ourselves.** That is what thriving is. That is what Thrivism is. Thrivism is hopeful path. Inspiring vision. Positive belief system. Positive way of life. A Thrivist helps build and sustain a thriving future with and for all – each person, all people, all other creatures, and Earth.



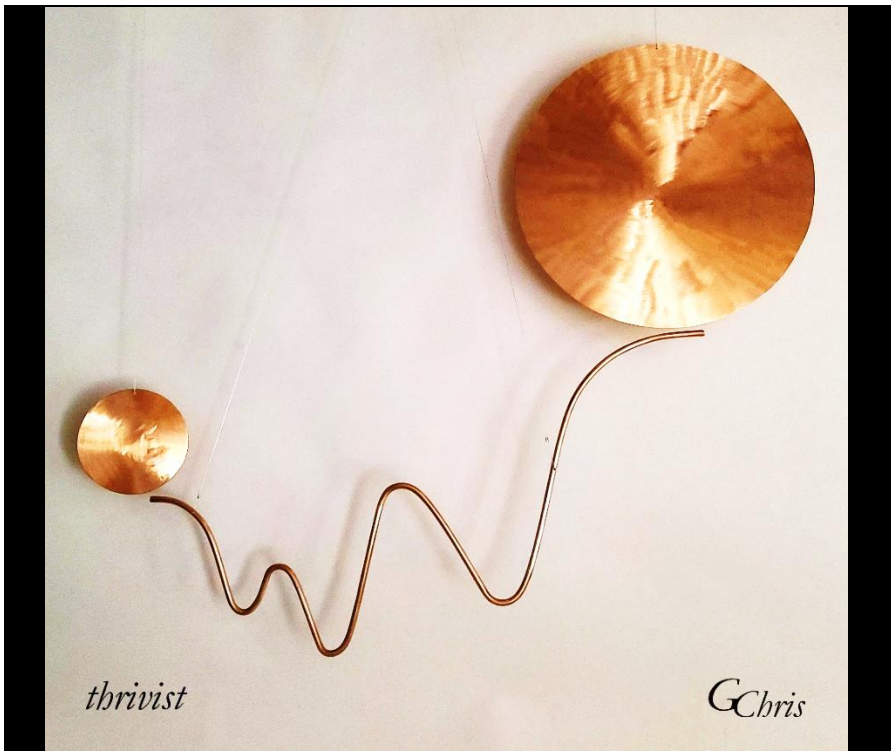
Thrivism - path to thriving future

3' x 3' metal mobile

Thrivism (Thrive!) is the path to, belief in, and vision of thriving future for all – all thrive forever. It is hopeful path. Inspiring vision. Positive belief system. Positive way of life. Thrivism.

[Thrivism.world](http://Thrivism.world)





thrivist

3' x 2' metal mobile

Thrivist, as a person and people, strives to achieve surviving and thriving future. A Thrivist succeeds only if remains positive, is sustained long-term, and produces thriving for self and all others, including Earth. A Thrivist's ultimate aspiration is achievement of thriving future for all - all people, all other creatures, and Earth. [Thrivism.world](http://Thrivism.world)

Thriving is when you strive for and achieve higher level of positive motivation and ability (including knowledge). Higher level of positive behavior. Strive continuously and simultaneously with the best combination of independence and interdependence in joint pursuit of surviving and thriving. Care enough about yourself, everyone else, everything else, and Earth. Care enough about today and both near- and long-term future. Strive on a path through complex world and toward thriving.

As you strive and grow and as you are unselfish, you survive and thrive and so does everyone, everything, and Earth.



#### **4. How do we help others survive and thrive while we and they are unselfish?**

**What do we do?** First, we share much of what we have with those who have less than we have. But not so much that we cannot survive. But many, many of us have more than we need to survive. Some of us have much, much more than we need to survive. Share with the rest of our family and friends. Share with others in our immediate community. If we still have more to share, share with other communities, with others in our country, and with others in the rest of the world.

**What can and should we share?** We can and should share our time to help care for others.\* We can and should share our money and other resources (food, shelter, knowledge, and repairing other's things).\*\* We can and should share things we create.\*\*\* We can and should help create and/or support public goods (parks, schools, libraries, internet access, communication, roads, energy, services).\*\*\*\* We can and should help protect other creatures by protecting their habitat, preventing harm from pollutants, ensuring adequate food and water sources, and providing sanctuaries.\*\*\*\*\* We can and should help Earth by not adding to negative climate change, not polluting ground, water and air, and by restoring parts of Earth damaged by past and future human behavior.\*\*\*\*\*

**What can and should we do to ensure people are willing to stop being selfish?** What can and should we do to increase people's motivation to stop being selfish? We can and should help all people learn the benefits to themselves and others of not being selfish. We can do this through education and through how we live our lives.

\* For example, author donates most of his time to continuing Thrive! work with eMedia, books, sculpture, and Thrive! Park and Center.

\*\* For example, author donates all payments for GChris sculptures he creates to the Thrive! Scholarship Fund he endowed at the University of Wisconsin (Madison). Author funded the rebuilding of 1885 era farm buildings that were badly damaged. Author will donate the buildings to Thrive! Park. In the future, more of author's financial resources will go for public goods.

\*\*\* For example, author donates some GChris sculptures he creates to public spaces and individual people. Author has written over a dozen fiction and nonfiction books that are available as free downloads or for purchase (royalties go to Thrive! Scholarship Fund).

\*\*\*\* For example, author created Thrive! Park and donated his land and buildings for the Park. Thrive! Park is now a 25+ acre public park owned by the Village of Nelson (WI) and located on Mississippi River bluffs.

\*\*\*\*\* For example, author created and donated Thrive! Park as a sanctuary for a wide range of wildlife.

\*\*\*\*\* For example, author, in partnership with public agencies, restored two bluff prairies in Thrive! Park, bringing the prairies closer to what they were in earlier times. Author reduces his carbon footprint, to some degree, with an electric utility vehicle (used to maintain Thrive! Park and Center) and an electric car.

We can and should help communities increase people's motivation to be unselfish. Communities (local, State, Country, global) can do this via leadership, persuasion, positive and negative incentives, laws, regulations, and administrative actions. We can and should help communities reduce/remove people's motivation to be selfish. Can do this via leadership, persuasion, positive and negative incentives, laws, regulations, and administrative actions.



thrivist helps all

3' x 3' metal and wood mobile

A Thrivist helps all build and sustain a thriving future with and for all – each person, all people, all other creatures, and Earth.

[Thrivism.world](http://Thrivism.world)

**What can and should we do to ensure people are able to stop being selfish? What can and should we do to increase people's ability to stop being selfish and reduce people's ability to be selfish?**  
We can do this through education and through how we live our lives.

We can and should help communities increase people's ability to stop be unselfish. Communities (local, State, Country, global) can do this via education, positive and negative incentives, laws, regulations, and administrative actions. We can and should help communities reduce/remove people's ability to be selfish. Communities can do this via positive and negative incentives, laws, regulations, and administrative actions.

**We can and should help all people learn how to survive/thrive without being selfish.** Financial security is the first and most obvious. We can and should help people earn and use a living income from their work. Help people acquire and use savings or a retirement income (for example, Social Security, a pension, 401k savings, investments, savings accounts). If these are not available or sufficient, help people seek financial assistance from public sources (usually local government, State, or Federal sources). If none of these are available or sufficient, help people seek charity. Charities exist to provide help with surviving. Again, if we have more than we need, we should share with others who have less than they need.

To survive and thrive, we can and should help people use the above resources and others to acquire and ensure good shelter, food, water, clothing, transportation, education, and protection from heat and cold. It is important to help people acquire and ensure these necessities for both the near and long term.

To survive and thrive, we can and should help people learn as much as they can. Help acquire initial education from pre-school to kindergarten to elementary school through high school. Continue to learn. For some people, this is a technical or trade education. For some, this is a college education. For some, this is learning from another person. For some, this is on-the-job learning. For some, this is self-taught learning. Any or all of these can be helpful. But learning is lifelong. There is always more to learn. Over people's lifetime, the world changes. So, help people to know more. This requires continuous learning.



## 5. Why should we stop being selfish?

**Being selfish causes our current bad future - early extinction for humans and many other creatures. Even greater damage to Earth.**



future?

3' x 2' metal mobile

Facing a future filled with uncertainty but within their control, humans must choose and achieve a thriving future or live a future of early extinction for humans and many other creatures and great damage to Earth.

We are in trouble. Deep, deep trouble.

**We are poised on razor's edge.** Amidst destruction caused by humans, we are engaged in struggle for future of humans, many other creatures, and Earth and beyond.



on razor's edge

3' x 3' metal mobile

We are poised on razor's edge. Amidst destruction caused by humans, we are engaged in struggle for future of humans, many other creatures, and Earth and universe. Sitting on a razor's edge, we must and can save ourselves, many other creatures, and Earth and universe via building a thriving future for all forever.



At this moment, the odds are that we will experience early extinction rather than a thriving future. Incredibly sad. Incredibly tragic. Incredibly unnecessary.



early extinction

3' x 3' metal mobile

Our current path is to early extinction. Not a thriving path to a thriving future. Early extinction for humans and many other creatures. Great damage to Earth.

We are still able to avoid early extinction and achieve thriving future. If we have the will.

**Though we sit on this razor's edge, we can and must save ourselves, many other creatures, and Earth via building a thriving future for all .**

But that will be extremely hard. Harder than anything we have ever done in human history.

But, if we do not, our end, early extinction, will come far, far too soon! And we will extinct many other creatures. And cause even greater damage to Earth.

Sadly, we even pose a threat to the rest of the universe. Not only are we destroying our planet, but we are reaching out to touch, not in a positive way, other planets in our solar system. Maybe touch even more and more distant planets in the far future.

It is not a question of whether or not we are headed to early extinction. The only questions. How fast? How exactly will it come about? Who and what will go first? And what, if anything, will be left and, if anything is left, in what way will it still exist?

**Tragically and unnecessarily, the end is coming far, far too soon.**

Our future is endangered. Early extinction is coming. Almost certainly will happen on our current path and even on best of our past paths.

Again, not a question of if. Endangered future unless we change our behavior as we have never done before. Endangered future unless we become unselfish.

Some question as to when. In recent years and on our current path, we have been on a much faster path to early extinction.

**A quantum positive change in path, like Thrive!, could change the path and change the future.** Could put us on thriving future path and change the future to a thriving future. Get us to a thriving future rather than early extinction.

**Warning! We are almost out of time.** The death march has begun. Already, if we listen carefully, we can hear “death rattle”. “Death rattle” of humans. “Death rattle” of many other creatures. And maybe even “death rattle” of Earth as we know it.



*death rattle*

*GChris*

death rattle

2' x 2' metal mobile

As earth loses more and more of its vital oxygen, earth's oxygen-breathing creatures slowly suffocate.

The death of the oxygen-producing trees. one living tree remains as last hope or final reminder.

The foreboding death rattle is first heard, becomes more pronounced and then is gone. silence. death. early extinction of oxygen-breathing creatures, including the human species.

Warning! The death march continues. The foreboding death rattle is first heard, becomes more pronounced, and then is gone. Silence. Silence means death. Possibly death in the form of early extinction of oxygen-breathing creatures, including the human species.



death march

2' x 2' metal mobile

By our own actions, we humans have put ourselves on a death march. Failing to stop being selfish. Failing to build a thriving future and avoid early extinction, humans continue their death march. Early extinction for humans and many other creatures. Great damage to Earth. A tragic but avoidable end.

Are we humans to blame for the threat of early extinction? Clearly, we are. Clearly, only we humans are. Earth's other creatures are not to blame. Earth is not to blame. Human selfishness is to blame.

**Humans' failed behavior is what has created the risk of early extinction for humans and many other creatures.** The risk of a severely damaged and maybe uninhabitable Earth.

History will judge us harshly for that failure. We should be judged harshly for that failure.

Now some humans suggest that our future lies elsewhere. Lies on another planet in or outside our solar system. They even suggest that we can and will figure out how to get there and how to live there.

Some humans are spending vast amounts of money to develop and fund space travel. Money better spent here on Earth. Better spent saving Earth. Space travel, they argue, will give us another "Earth", after we effectively make this Earth uninhabitable.

**That is a false promise. The false promise of another "Earth".**

For many reasons, there should not and cannot be another "Earth". No other planet is close enough. Only select small number of humans would make it even if there was another "Earth". Not enough time to create ships, many ships, capable of moving mass numbers of people across vast expanses of space.

And, if another planet is habitable for species like us, other intelligent species may already have that planet as their own home planet. Almost assuredly, they would not like us coming to inhabit their planet after making our own planet uninhabitable. Just like we would not like a species from another world coming here to make Earth its new home after making their own planet uninhabitable.

**On our current path to early "extincting" Earth, humans have no right to another planet.** No right to another world. No right to another "Earth". The human species does not deserve another Earth after destroying our Earth.

**Seeking another Earth is the ultimate act of human selfishness.**



*not another "earth"*

*GChris*

not another "earth"

3' x 3' metal and wood mobile

On our current path to early "extincting" Earth, humans have no right to another planet. No right to another "Earth".

Our arrogance, selfishness and shortsightedness must end. Our responsibility must be as good stewards of our Earth.

Embrace and nurture the Earth we have.

**We must embrace and nurture the Earth we have.**

As bad as our situation is, not all hope is lost. Again, there is still some reason for hope.

But false hope is worse than no hope. False hope encourages one to change nothing for the better. True hope, to whatever extent it is true hope, is what we can and must act on and use to change the current future for a better future.

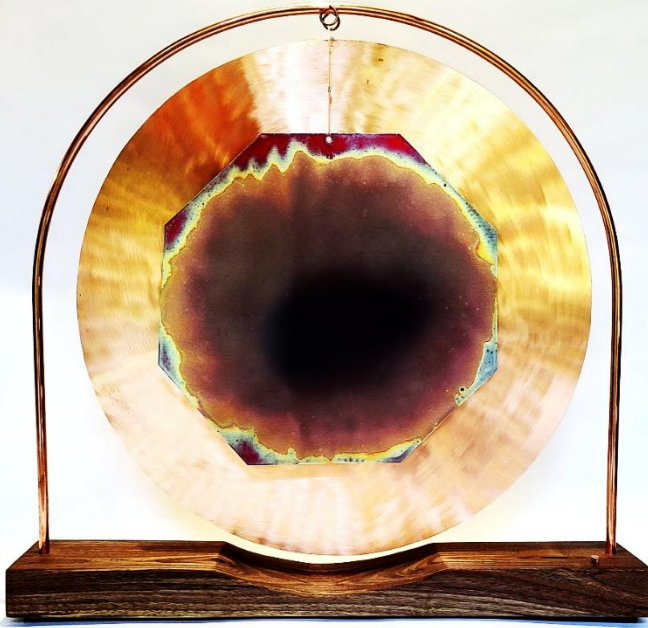
Hope of a less vulnerable world. Hope of not suffering early extinction. Hope of achieving a thriving future remains. But that hope is waning quickly.

Our chance of avoiding an endangered future and achieving a thriving future is very small already. Grows smaller and smaller every day.

That hope grows fainter every moment we delay changing our behavior and changing our future. And, tragically, we continue to deny and delay.

**We continue to be selfish, shortsighted, and stupid. We must become unselfish.**





*stop selfish, shortsighted & stupid*

*Chris*

stop being selfish, shortsighted & stupid

3' x 3' wood and metal stabile

We all must stop being selfish, shortsighted, and stupid if we want a surviving and thriving future for all. If we want to avoid early extinction for humans and other creatures and greater damage to Earth.

The current human path is to early extinction for humans and other creatures and greater damage to Earth. But the thriving path still exists, barely, to build a thriving future for all if and only if we act now.

We have a choice to make. Wise choice is a surviving and thriving future for all. Thrive! is a way to change our behavior and change our future to a much better surviving and thriving future. Thrive! is all of us together, a vast human endeavor, building a thriving future for all.





## 6. Why should we be unselfish?

Why is being unselfish so important? Again, most everyone being selfish puts us all on a path to a very bad future in the near and long term. If most people stop being mostly selfish, we avoid that very bad future. Avoid early extinction for humans and many other creatures and avoid great damage to our home Earth.

If most everyone stops being mostly selfish, we achieve a surviving and thriving future for all. If most everyone is mostly unselfish, we achieve a thriving future for all.

**Our only hope is to build and achieve a surviving and thriving future for all.** A hope we can achieve if we are unselfish. Stop being selfish. Stop being selfish, shortsighted, and stupid? What is the best we could hope for? A surviving and thriving future for all – all humans, all other creatures, and Earth.

Now, at this critical moment in human and Earth history. Now, at this critical moment when we humans are most capable. Now, at this critical moment when humans, other creatures and Earth are most endangered. Together, we must act more positively than we have ever done before.

This and only this will get us off the current bad path and on the thriving future path. To a thriving future for all humans, all other creatures, and Earth.

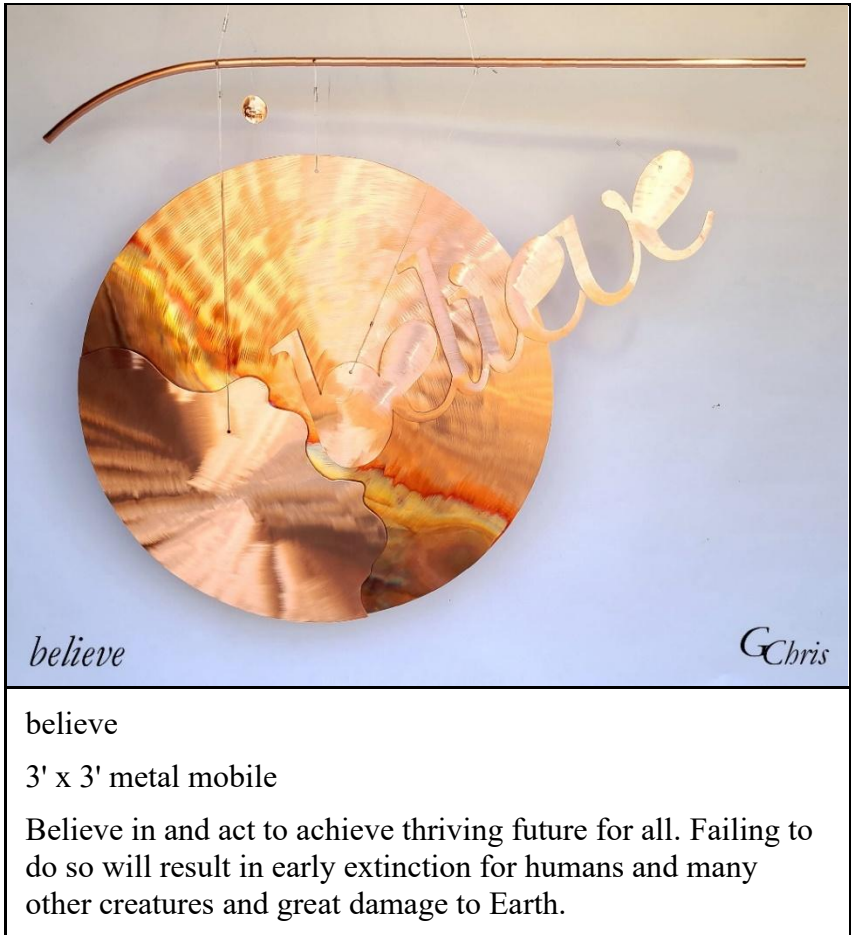


thriving future for all

3' x 2' metal mobile

Thrive! is a surviving and thriving future for all forever. It is building a thriving future for all forever. It is and requires a vast, sustained human endeavor building and sustaining a thriving and surviving future for all forever.

**If we stop being mostly selfish, can we still achieve a thriving future for all forever?** Yes, if we can if we believe we can and act accordingly. Yes, we can if we act now. It is still our choice to make. But time has almost run out.



**Yes, we can if we use our full ability.** We have the ability as we are most able in all human history.

**Yes, we can if we have the will.** We can if we care enough about self, everyone, everything, and Earth. We must stop selfishness.

As a species, we humans have proven ourselves undeserving of Earth or any other world. Our current future portends our continuing to be undeserving until we extinct ourselves and extinct Earth and many of its creatures.

Again, we must stop being undeserving. We must stop being so disappointing. Unless we positively change. Really, really big time positively change. Only then, may we have a surviving and thriving future.

Change the future to a thriving future. Get us on a thriving path to a thriving future that avoids early extinction and greater damage to Earth.

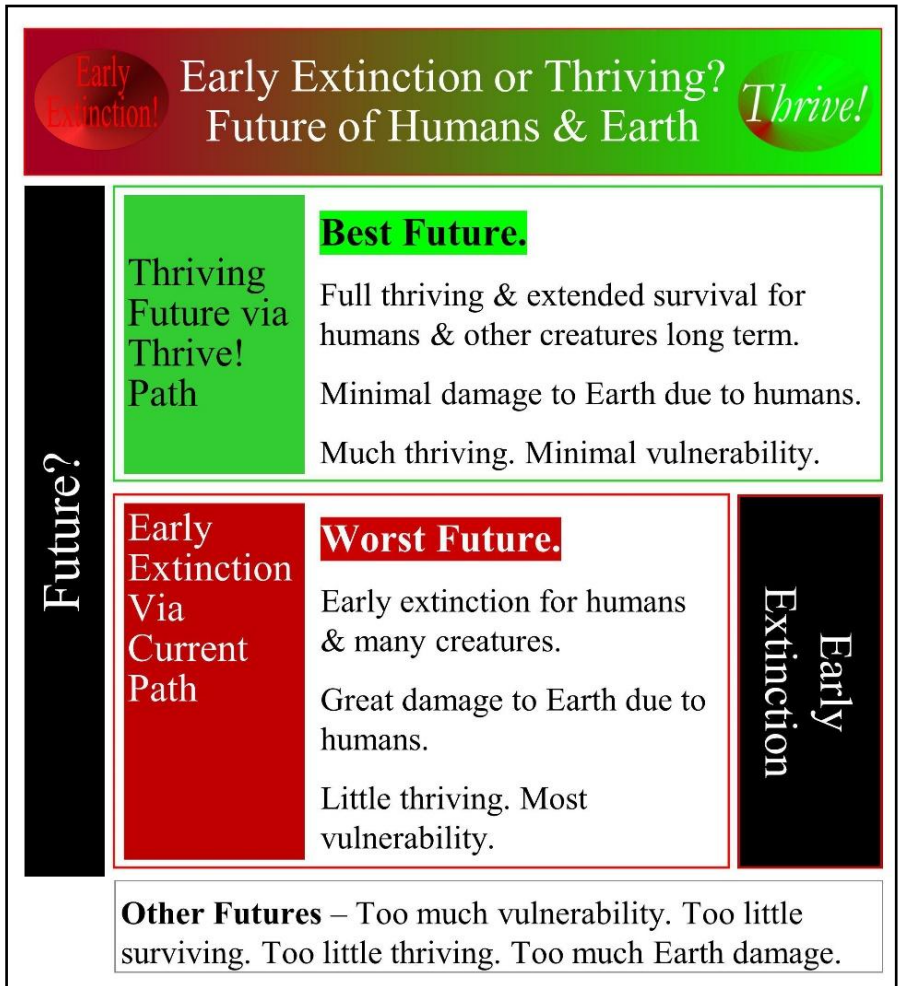
**Our achieving a thriving future will finally give us our best future.** What would a thriving future be like? Why should we want it? Is it worth stopping our being selfish?

This thriving future is so, so much better for all now and for the future. So much better.

For us and our family and friends, this thriving future is a better life now and for the near- and long-term future for all of you and for future generations. For us and our community, this future is a better life now and for the near- and long-term future for the whole community and for all the community's people. For us and our country, this future is a better life now and for the near- and long-term future for the whole country and for all the country's people.

For our world, this future is a better life now and for the near- and long-term future for the whole world (all the world's people, all other creatures, and our home Earth itself).

For us and all that we care about, it is a much, much better life and future with less vulnerability, with surviving, and with sustained thriving.



It is critical that we all believe that we want and can achieve this thriving future.

**Truly this is so much better in so many ways.** If and when we achieve this future, we, our families and friends, our communities, our countries, and our world will be performing well, well-off (financially), well nourished, well housed, well protected (exposures, crime), well educated, physically and mentally well (people), growing/developing well, living within good habitat, physically well (Earth, plants, animals, environment), not vulnerable, producing personal and public goods, living within a stable, positive climate, and sustained.

We will all be well! All well for the near- and long-term future.

For that, we should want to stop being selfish. Be unselfish. We should embrace that thriving future when and where all thrive forever.

**A thriving future is very different and much better than anything tried or achieved in human history.** It is a thriving future. Not just getting by or achieving just a surviving future. A surviving future is necessary but not sufficient. It is a thriving future for all people. Not just for some people. It is a thriving future for all future generations, a "50+ generation" strategy. Not just for the current and next generation. It is a thriving future pretty much forever, a 1000+ year strategy. Not just for tomorrow or even just 100 years. It is a thriving future for other creatures. Not just for the human species. It is a thriving future for Earth on which we live and depend.

This thriving future is a better life now and pretty much forever.

This thriving future gives us the chance to become whole again. For humans, other creatures, and Earth to become whole for the first time in human history.



envision earth embraced, sustained & thriving

3' x 3' metal mobile

Envision earth and all its creatures embraced to achieve sustained thriving for all everywhere for all time

For us and our family, our communities, and our world, this thriving future is a better life now and pretty much forever. We need this future because we humans need to survive and want to thrive. It is inherent in our species and in who and what we are as humans. The “want to thrive” is pretty much unique by our species and to who and what we are as humans.

**Given that we humans need to survive and want to thrive pretty much forever, the choice should be a surviving and thriving future.** Sadly, this is not our current choice. If we want this thriving future, we must change as we have never changed before. We must stop being selfish. We must be unselfish.

So, let us make the thriving future our choice and make sure we change and behave accordingly.

Being selfish causes our current endangered future. An endangered future of not thriving. Not surviving. High vulnerability. Early extinction of humans and other creatures. Even greater damage to Earth.

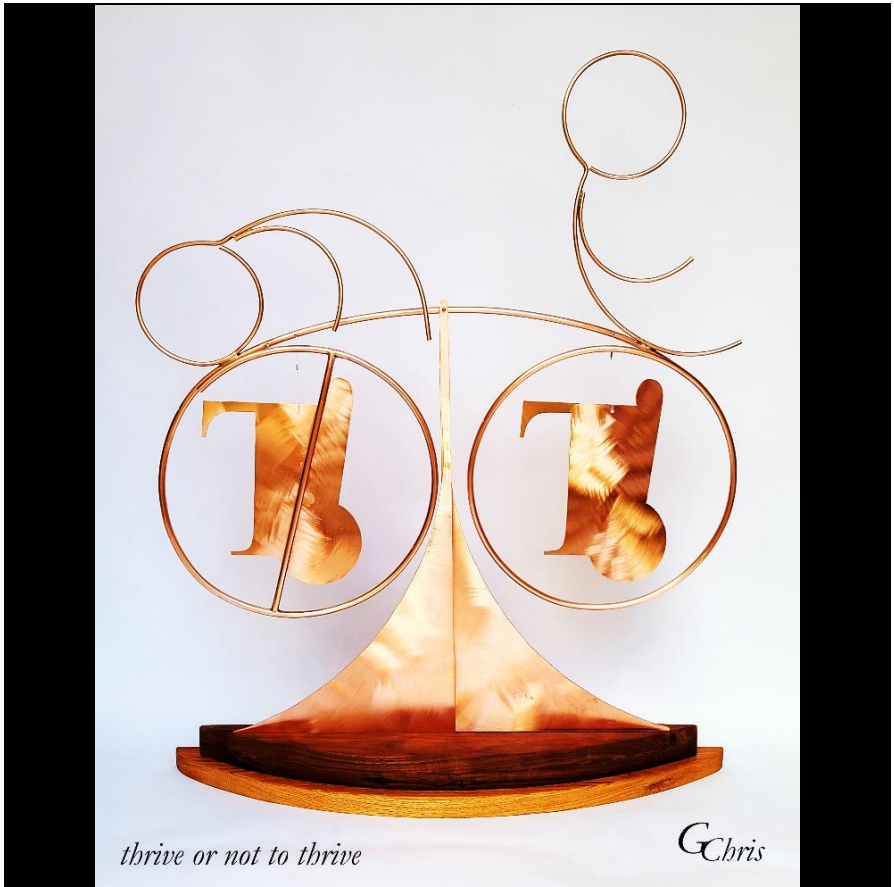
Our being unselfish achieves a thriving future. Thrive. Survive. Low vulnerability. Avoiding early extinction of humans and other creatures. Avoiding even greater damage to Earth.

**Wise choice is thriving future for all.** Our Choice. Our urgent and immediate choice. Our Future. We should choose wisely. Very wisely. Much more wisely than in our past.

Our and Earth's future hangs in the balance. But the balance, given our current path, is tipping precariously toward not thriving. Toward early extinction. Our future is poised on a razor's edge.

To be unselfish or selfish. To survive or not to survive. To thrive or not to thrive. Those are the questions. Those are existential questions for humans, for many other creatures, and, to some extent, for Earth.





thrive or not to thrive

3' x 2' wood and metal stabile

To thrive or not to thrive. Our and Earth's future hangs in the balance. But the balance, our current path, is tipping toward not thriving. Early extinction for humans and many other creatures. Great damage to Earth. We can and must change now to a thriving path to a thriving future.

To be unselfish is the path. To survive and thrive is the existential answer.

**We can and must change now. Stop being selfish. Be unselfish. Take the thriving path to a thriving future.**

It starts when all of us stop being selfish. When we stop being selfish, shortsighted, and stupid.

There is a chance. There is hope. If we reject early extinction. If we choose thriving for all.



hope (that all thrive)

2' x 3' metal mobile

Hope that all thrive. All humans. All other creatures. Earth.



## **7. Young People Of The World. Be Unselfish! Unite!**

Young people, your future is being stolen every day by older people who will probably not live long enough to suffer the full negative consequences of their failures.

Most older people are making decisions only for their short term future. Those decisions are destroying our environment. Exhausting our resources. Taking away the surviving and thriving future of younger people and of generations not yet even born.

This must stop now. Young people (and hopefully many older people) must join together and be unselfish starting now. Unless people are unselfish, there will be a bad future near term and a very bad future long term.

Much damage has been done already. That damage gets greater every day.

Tragically, almost all the major forces determining our future are all in a bad direction. Bad enough if any one of those major negative forces is allowed to continue. Much worse if most of these major negative forces are allowed to continue. Even worse, these major negative forces will combine and become almost unstoppable. Their combined damage much greater.

To avoid this very bad future, young people must join together to stop all major negative forces simultaneously. No silo approaches. No single country approaches. All major negative forces must be stopped together and simultaneously. Must stop worldwide now.



*existential threat*

*Chris*

existential threat

3' x 3' metal mobile

Existential threats to Earth and all its inhabitants are posed by many large negative forces. Each of these is a major but not unsurmountable challenge to the future of Earth and all its inhabitants.

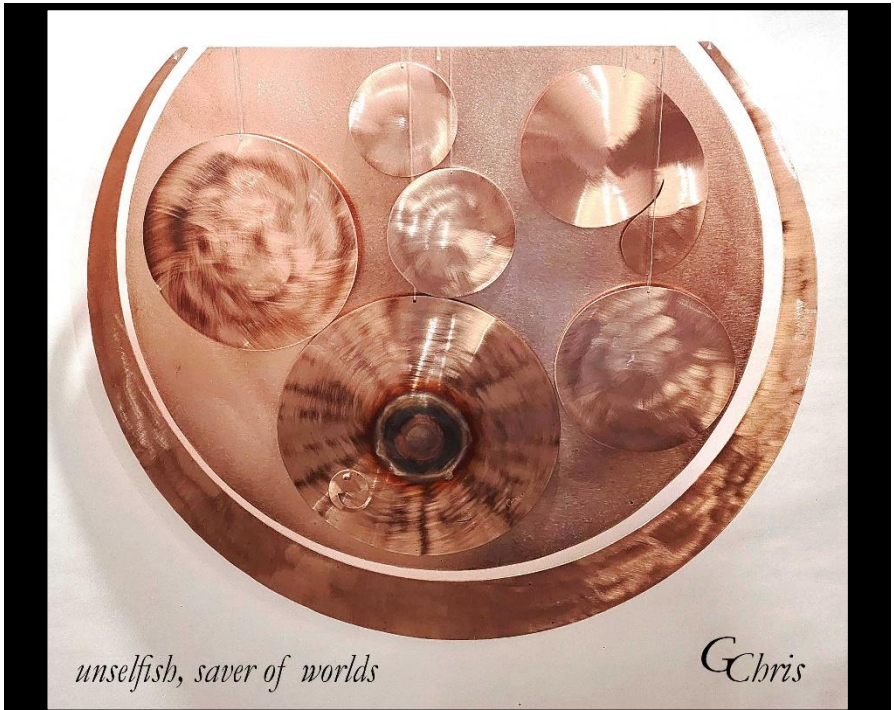
Our choice, the humans' choice, is to cause endangered future (current path) or ensure thriving future for all (much better path).

If you, young people, are waiting for older people to do the right thing, you will be sorely disappointed. Don't wait. Act now.

A surviving and thriving future will not happen unless you make it happen. Don't wait. Act now.

Young people must take control of the future. Don't wait. Act now.

Young people must make sure decisions ensure a surviving and thriving future for all – all people, all other creatures and Earth. Don't wait. Act now.



unselfish, thriving saver of worlds

3' x 3' metal mobile

Be unselfish. Be saver of worlds. Selfishness is destroyer of worlds. Unselfishness is saver of worlds. [Based on Chris' illustrated children's book, "Angel - Unselfish, Thriving Saver of Worlds"]

The future is up to you and probably only up to you. Only up to you by working together. By being unselfish! By together building a surviving and thriving future for all!

Young people, be unselfish! Unite for a thriving future for all!





## **8. Stop being selfish! Be unselfish!**

I end as I began. Be unselfish! Start now!

Stop being selfish! Just stop now!

We are destroying our and our children's' future. Driving many other creatures to extinction. Damaging Earth more and more every day.

Stop! End the increasing darkness that we face and have caused.

Stop being selfish, shortsighted, and stupid.

Be unselfish! Stop being selfish!

Be unselfish! Start and continue to build and achieve a thriving future for all people, all creatures, and Earth.





be unselfish

2' x 3' metal mobile

Be unselfish. Unselfish ourselves. Achieve a surviving and thriving future for all.





## **Appendix A: We have a dream.**

A large crowd. Mix of older and younger persons.

A short distance away, a young person moves in direction of the crowd.

The young person moves closer. Something special about this young person. Feels like hope.

As the young person gets closer, about to pass within speaking distance of the crowd, the young person seems more impressive. Feels inspirational. Feels like a leader. People begin to feel something different and positive is about to happen. They turn toward the young person.

The young person pauses. Turns toward the crowd.

Young Person speaks calmly and clearly, "As I look at you, I am amazed how little you really understand of what is happening. What terrible future awaits. What needs to be done."

"Where is the great positive vision? Where are the visionaries of a thriving future. Where are the builders of a thriving future? Where is the positive hope? Where is the positive action?"

"Sadly and tragically, all are missing."

"Why? Not caring enough about other people. Not caring enough about other creatures. Not caring enough about Earth."

"Caring mostly about ourselves. Selfish. Very selfish."

"Already I can hear our future's death rattle. The one you all refuse to hear. Already I can see our future's death march. The one you all refuse to see. Refuse to stop."

A larger crowd builds around Young Person. The murmurs grow ever louder.

They all move even more closely to Young Person. They all pause.

Young Person speaks but it is as if all are speaking united. Together. A community.

“We have a dream. An almost impossible dream.”

We want that dream!”

“But to achieve that dream, we have much, much good work to do.”

“We have a thriving future to build. It is a future for all.”

“It is a thriving future for all of us now.”

“More importantly, it is thriving future for all children already born and for all children yet to be born. It is thriving future for all of America’s children. It is thriving future for all the world’s children.”

“It is thriving future for all the other creatures.”

“It is thriving future for the Earth, our only home.”

“We must all succeed, or, in the end, none of us will really succeed. We must all survive, or, in the end, no future generation will survive. We must all thrive, or, in the end, no future generation will thrive.”

“Our home, Earth, must no longer suffer great damage, or, in the end, we will have no home.”

“Only if we change from the great selfishness of today to a great unselfishness for the future.”

“Only by this one change, the change to most of us being mostly unselfish, will we achieve the thriving future to which we all aspire to. That thriving future which we all want for ourselves and our children, for other creatures, and for Earth.”

“We have a dream. A dream in which all of us, not just some of us, thrive.”



dream the impossible dream

3' x 2' metal mobile

To dream the impossible dream. Threatened by a very bad future, dream to and achieve a surviving and thriving future for all humans, all other creatures and Earth.

“We have a dream. A dream in which we are a community committed to a thriving future for all.”

“We have a dream. A dream in which we are a community unselfish and united in achieving a thriving future for all.”

“We have a dream. A dream in which younger and older persons are unselfish and united in achieving a thriving future for all.”

“We have a dream.”

“And, starting now, we must fulfill that dream for all.”



## Appendix B: What Is Thrive!

<div><i>Thrive!</i><sup>®</sup></div> <div>Thriving future for all forever</div>	
What is Thrive?	Thriving and surviving future forever for all (humans, other creatures and Earth). All thrive forever.
Why Thrive?	<p>Unique among Earth's species, humans <u>need to survive and want to thrive</u> both near and long term.</p> <p>Achieve <u>thriving</u> future - thrive and survive, low vulnerability, avoid early extinction of humans and other creatures, and avoid extensive damage to Earth.</p> <p>Avoid <u>current endangered</u> future - not thrive and not survive, high vulnerability, early extinction of humans and other creatures, and extensive damage to Earth.</p>
Is Thrive truly different and better?	<p>Thrive is not just getting by or achieving a surviving future. Is <u>achieving thriving future</u>.</p> <p>Thrive is not just for some people. Is <u>for all people</u>.</p> <p>Thrive is not just for current and next generation. Is <u>for current and all future generations</u>.</p> <p>Thrive is not just for humans. Is <u>for humans, other creatures and Earth on which we depend</u>.</p>

Can we achieve Thrive?	<p>We can <u>if we act now</u>. It is still our choice to make. But time has almost run out.</p> <p>We can <u>if we use our full ability</u>. We have the ability as we are most able in all human history.</p> <p>We can <u>if we care enough about self, everyone, everything else and Earth</u>. We must stop selfishness. Most of us must be mostly <u>unselfish</u>.</p> <p>We can <u>if we care enough about both near- and long-term future</u>. We must stop shortsightedness.</p> <p>We can if we are mostly <u>unselfish</u>.</p>
How to achieve Thrive?	<p>Immediately, we successfully develop and use strategy, tools and actions to successfully build and execute strategies and actions to build thriving future. [like in <b><u>People's Guide To A Thriving Future*</u></b>]</p> <p>Immediately, all of us together build thriving future for our families and friends, communities, countries and world. [like the Thrive! Endeavor <u>ThriveEndeavor.org</u>]</p> <p>Immediately, each and all of us separately and together stop negative actions and take only positive actions.</p> <p>Immediately, start with who and what you care about and move from vulnerable to surviving to thriving.</p> <p>Immediately, start being mostly <u>unselfish</u>.</p>
Act now!	Together build thriving future now!

\* **People's Guide To A Thriving Future** provides **Next Generation Toolkit** (strategies, tools, examples, worksheets). Available @ [Amazon.com](https://www.amazon.com) or free @ [ThrivingFuture.org](https://www.ThrivingFuture.org)



Thrive!

3' x 3' metal mobile

Thrive! A thriving future for all if and only if humans stop being selfish, shortsighted, and stupid. If most humans are mostly unselfish. Then and only then will there be a thriving future for all humans, all other creatures and Earth.







## Appendix C: The Thrive! Center.

Those who want to learn more about **Thrivism** and **Thrive!** may want to visit **The Thrive Center** and communicate with Chris.

Website [ThrivingFuture.org](http://ThrivingFuture.org)  
Email [GChris@GChris.com](mailto:GChris@GChris.com)  
Phone 301 318 3760  
Mail

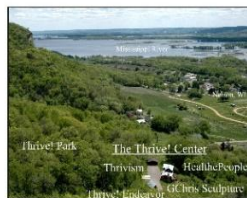
Gary "Chris" Christopherson, Founder,  
The Thrive Center  
E298 Cleveland Street  
Nelson, WI 54756



**The Thrive! Center**, home of **Thrivism**, **Thrive**, **Thrive!** **Endeavor**, **HealthPeople** and **GChris Sculpture**, was created by Chris and is on Mississippi River bluffsides in restored 1885 farmhouse, barn and beehouse above Village of Nelson (WI). Chris, Thrive! Founder and sculptor, lives and works there. It is surrounded by **Thrive! Park**, a 25+ acre, bluff side, public park created and donated by Chris.

**Book: The Story of Thrive! Center and Thrive! Park.** Available via [Amazon.com](http://Amazon.com) or as free download @ [ThrivingFuture.org](http://ThrivingFuture.org)

Story of Thrive! Center and Thrive! Park



by  
Gary "Chris" Christopherson  
Founder, Thrive! – Building a Thriving Future  
Founder, HealthPeople – Building a Healthy Future  
Sculptor, Thrive! Sculpture by GChris  
Former Senior Executive, U.S. Federal Government



Nelson, WI

University Park, MD

### The Thrive! Center

Since Chris moved to Nelson (WI) in 2012, The Thrive! Center serves as physical and visual space for GChris Sculpture, HealthPeople and Thrive!

Center operates out of a restored/renovated 1885 era farmhouse, barn and beehouse on bluffside overlooking Mississippi River and adjacent to Thrive! Park.

Thrive! Park is 25+ acre public park created and donated by Chris and located on restored Mississippi River bluff sides and tops. Park has system of hiking trails and paths built and maintained by Chris.

Visitors can view GChris sculpture and tour the workshop/studio. Visitors can learn more about sculpture Chris creates and how he creates them.

Visitors can visit and meet with Chris and learn about, discuss and/or join HealthPeople, Thrivism and Thrive Endeavor. Visitors can discuss several Thrive! nonfiction and fiction books written by him. Visitors can learn about overall Thrive! and HealthPeople vision, mission and strategy.



## What can you do at The Thrive! Center?

- **Thrive!** Discuss why and how to be unselfish. Discuss and strategize our future. Early extinction? Just surviving? Thriving? “All Thrive Forever”? Maybe you join Thrive! Endeavor. Help build thriving future. [ThrivingFuture.org](http://ThrivingFuture.org)
- **Thrivism.** Learn more about **Thrivism**. Learn how to be a **Thrivist** who helps build thriving future for all.
- **HealthePeople.** Discuss and strategize achieving healthy people. Best personal, community or country health system? Maybe you help achieve healthy people and communities. [HealthePeople.com](http://HealthePeople.com)
- **Thrive! Sculpture by GChris.** Tour Studio/Gallery. Interact with 300+ sculptures. Movement. Sounds. Chris’ payments go to Thrive! Scholarship. [GChris.com](http://GChris.com)
- **Thrive! Park.** Village of Nelson public park donated by Chris. See great views of Mississippi River and Lake Pepin. Walk/hike bluff side/top roads and trails. Explore goat prairie restoration. [ThrivePark.org](http://ThrivePark.org)
- **Historic 1885 Era Bluffside Farm.** Tour renovated/restored house, barn and beehouse with great views of Mississippi River and bluff.



The Thrive! Center

3' x 3' metal mobile

Thrive Center is place at which to thrive together.

The Thrive! Center is on Mississippi River bluffsides in restored 1885 farmhouse, barn and beehouse above Village of Nelson (WI).

Thrive! Center is home of Thrive!, Thrivism, Thrive! Endeavor, GChris Sculpture, and HealthePeople

The Center is surrounded by Thrive! Park, a 25+ acre, bluff side, public park donated by Chris





## **Appendix D: Thrive! eMedia and Publications.**

### Websites:

Thrive! - Building a Thriving Future – Core and foundational website supporting websites and blogs.

Includes supporting strategy/tools/books to build better future.

[ThrivingFuture.org](http://ThrivingFuture.org)

Thrive! Endeavor - Join endeavor to build thriving future.

[ThriveEndeavor.org](http://ThriveEndeavor.org)

Thrivism - Join Thrivism to build thriving future for all. [Thrivism.world](http://Thrivism.world)

Children Thrive Forever! - Aspire to future when children thrive forever.

[ChildrenThriveForever.org](http://ChildrenThriveForever.org)

All Thrive Forever - Aspire to better future when all thrive forever. [AllThriveForever.org](http://AllThriveForever.org)

We Are Vulnerable - Reduce and avoid vulnerability for better future.

[WeAreVulnerable.org](http://WeAreVulnerable.org)

The Thrive! System - Helping you and your community survive and thrive. [TheThriveSystem.org](http://TheThriveSystem.org)

Thrive! - All Thrive Forever - Play" strategic game in real-life. [ThriveForever.org](http://ThriveForever.org)

Endangered Future - Endangered more than ever before in our history.

[EndangeredFuture.org](http://EndangeredFuture.org)

Xtinct – Current path is early extinction for humans and other creatures and great damage to Earth. [Xtinct.org](http://Xtinct.org)

HealthePeople - Use Thrive! to build healthy and thriving future.

[HealthePeople.com](http://HealthePeople.com)

GChris Sculpture - Thrive! sculpture supporting endeavor to build thriving future. [GChris.com](http://GChris.com)

### Thrive! Blogs:

Thrivism Blog – Blog on path to thriving future for all. [Thrivism.blog](http://Thrivism.blog)

T! Blog - Blog key Thrive! messages and suggested actions.

[ThriveBlog.org](http://ThriveBlog.org)

T! Blog - Blog asking and challenging "What will you do?"

[ThriveBlog.net](http://ThriveBlog.net)

T! Blog - Thrive! sculpture and thoughts/messages. [WordPress Blog]  
[ThriveSculpture.com](http://ThriveSculpture.com)

T! Blog - Thrive! sculpture and thoughts/messages. [Website Blog]  
[ThriveSculpture.org](http://ThriveSculpture.org)

eMedia:

[LinkedIn Thrive!](#)  
[Facebook Thrive!](#) [Includes Thrive!, Thrivism, All Thrive Forever,  
HealthePeople, GChris Sculpture]  
[Twitter Thrive!](#)  
[YouTube Thrive!](#)  
[Tumblr Thrive!](#)  
[Flickr Thrive!](#)  
[ello Thrive!](#)  
[MySpace Thrive!](#)  
[Pinterest Thrive!](#)  
[Medium Thrive!](#)

GChris Sculpture Website:

GChris Sculpture - Hundreds of Thrive! sculpture by GChris supporting thriving future. Acquisition payments support Thrive! Scholarship Fund.  
[GChris.com](http://GChris.com)

Book on Chris:

Book on Chris - A Life in Pursuit of Thriving for All. This is story of and by Chris [Gary "Chris" Christopherson] and his lifelong pursuit of a thriving future – all thrive forever. Available in paperback and eBook via [Amazon.com](http://Amazon.com) or free download [GChris.com](http://GChris.com)

Books - Non-fiction: Available via [Amazon.com](http://Amazon.com) usually as paperback and eBook.

Thrivism - Path to Thriving Future for All [aka the small "Green Book"] Lays out path to, belief in, and vision of thriving future for all. Available as free download. [Thrivism.world](http://Thrivism.world)

Thrive! - Building a Thriving Future For All. Manual providing greater depth on strategy and tools. Available as free download [ThrivingFuture.org](http://ThrivingFuture.org)

People's Guide To A Thriving Future [For All Forever]. More user-friendly guide. Available as free download [ThriveEndeavor.org](http://ThriveEndeavor.org)

Thrive! - Quick Guide To A Thriving Future [For All Forever]. Quick, more user-friendly guide. Available as free download [ThriveEndeavor.org](http://ThriveEndeavor.org)

Thrive! Endeavor - All Thrive Forever. Joint Thrive! Endeavor and call to action builds thriving future for all forever. Available as free download [ThriveEndeavor.org](http://ThriveEndeavor.org)

Early Extinction or Thriving Future. Which future do we choose for humans, other creatures, and Earth? Available as free download [ThriveEndeavor.org](http://ThriveEndeavor.org)

Be Unselfish! (aka How to Survive and Thrive While Being Unselfish) Thought piece challenging humans to be unselfish. To stop being selfish as way to avoid early extinction and build thriving future for all. Available as [ThriveEndeavor.org](http://ThriveEndeavor.org)

Stop Selfish! (aka Stop Selfish, Shortsighted, and Stupid). Thought piece challenging humans to stop being selfish, shortsighted and stupid as way to avoid early extinction and build thriving future for all. Available as [ThriveEndeavor.org](http://ThriveEndeavor.org)

The Thrive! System - Achieving Thriving Future For All. System for people and communities to help achieve thriving future for all. Available as free download [ThrivingFuture.org](http://ThrivingFuture.org).

The Thrive! Philosophy - All Thrive. Underlying philosophy of Thrive! Available as free download [ThrivingFuture.org](http://ThrivingFuture.org)

Behavior Effectiveness Model (BEM). Building thriving future using Behavior Effectiveness Model (BEM). Available as free download [ThriveEndeavor.org](http://ThriveEndeavor.org)

Thrive! - All Thrive Forever What will you do? The game. The challenge. Available as free download [ThriveForever.org](http://ThriveForever.org)

HealthePeople - Achieving Healthy People, Communities, Countries and World via Thrive!. Policy and how-to book on how to achieve healthy people and a healthy future. Available as free download [HealthePeople.com](http://HealthePeople.com)

First People Thriving Health Systems - Achieving healthy and thriving First People. Policy and how-to book on how to achieve healthy First People. Available as free download [HealthePeople.com](http://HealthePeople.com)

Thrive! Sculpture & Thought: Sculptural Vision of a Thriving Future for All Forever. Thoughts and sculpture that challenge you to think about future and help build, achieve and sustain thriving future for all forever. Available as free download [GChris.com](http://GChris.com)

Story of Thrive! Center and Thrive! Park. Available as free download [ThriveEndeavor.org](http://ThriveEndeavor.org)

Books - Science Fiction and Children's: Available via [Amazon.com](https://www.amazon.com) usually as paperback and eBook.

The Thrive! Endeavor. Science fiction novel with vast human endeavor seeking thriving future for all. Available as free download [GChris.com](https://GChris.com)

black box. Science fiction novel explores a mysterious and powerful black box and its enormous impact on the world's people and their politics, religions, science and militaries. Available as free download [GChris.com](https://GChris.com)

Early Extinction – Angel Comes To Save Earth. Illustrated science fiction book explores threat of early extinction for humans and many other creatures and great damage to Earth. Angel, a Whimsey, comes to help save Earth. Available as free download [GChris.com](https://GChris.com)

Extinction - The Failure To Thrive. Illustrated science fiction book explores what happens when human species and Earth become extinct and why it happened. Available as free download [GChris.com](https://GChris.com)

Thrive! - Escape From Extinction. Illustrated science fiction book explores what happens when human species and Earth almost become extinct and the human species tries to escape extinction and achieve all, including Earth, thrive forever. Available as free download [GChris.com](https://GChris.com)

Xtinct – Universal Justice for Earth. Illustrated science fiction book explores moment when universal justice is applied to Earth and human species faces early extinction. Early extinction for humans? Or a thriving future for all of Earth? Available as free download [GChris.com](https://GChris.com)

Thrive Or Not To Thrive? - Tale Of Two Tomorrows. Children's paperback fiction book where the good Angel and T!rrific battle the selfish Wily and T!rrible for the future of Whimseys and Whimsey World. Will it be a thriving future for all or not? Available as free download [GChris.com](https://GChris.com)

T!rrific [terrific] - What will you do to thrive? Children's paperback fiction book where T!rrific helps Whimseys achieve thriving future. Available as free download [GChris.com](https://GChris.com)

Angel - Thriving Creator of Artful Things. Children's paperback fiction book on thriving and creativity featuring the world of Whimseys. Available as free download [GChris.com](https://GChris.com)

Thrive! - Escape From Extinction. Illustrated science fiction book explores what happens when human species and Earth almost become extinct and the human species tries to escape extinction and achieve all, including Earth, thrive forever. Available as free download [GChris.com](https://GChris.com)

Angel - Unselfish, Thriving Saver Of Worlds. Children's paperback fiction book. Having helped Whimsey World to thrive, Angel travels across the universe to other worlds. Available as free download [GChris.com](https://GChris.com)





## **Appendix E: About Chris, Author and Sculptor.**

**GARY (CHRIS) CHRISTOPHERSON** has worked on national and local issues on health and human service strategy, policy, systems, models, performance, reform and management and on reducing vulnerability. Currently in The Thrive! Center he founded, he develops strategy, management, policy and performance models and tools for creating, managing and sustaining large scale, positive change and building a better and thriving future. He is Founder of *Thrive!*<sup>®</sup>, Thrivism<sup>®</sup>, Thrive! Park, and HealthgPeople<sup>®</sup>. Websites: [ThrivingFuture.org](http://ThrivingFuture.org) [ThriveEndeavor.org](http://ThriveEndeavor.org) [Thrivism.world](http://Thrivism.world) [HealthePeople.com](http://HealthePeople.com)

This draws from 30+ years of experience in creating, managing, evaluating and sustaining large scale change at national and local levels in public and private sectors. Over his career, he has served in many senior leadership, management and policymaking positions, including with organizations with multi-billion-dollar budgets and thousands of employees.

His experience includes: Principal Deputy Assistant Secretary and Acting Assistant Secretary of Defense for Health Affairs and Senior Advisor to Assistant Secretaries for Health and Reserve Affairs, Department of Defense; Associate Director, Presidential Personnel, Executive Office of the President, White House; Fellow, National Academy for Public Administration; Senior Advisor to Chief Operating Officer and Deputy Director for the Quality Improvement Group, Centers for Medicare and Medicaid Services, DHHS; Senior Advisor to Under Secretary, Veterans Health Administration, VA; Senior Fellow and Scholar-In-Residence, Institute of Medicine, National Academy of Sciences; Chief Information Officer, Veterans Health Administration, VA; Director of Health Legislation, House Select Committee on Aging, U.S. House of Representatives; and Deputy Director, Municipal Health Services Program (funded by The Robert Wood Johnson Foundation and based at John Hopkins Medical Institutions); and Special Projects Director, City of Milwaukee Health Department.

He is a sculptor of Thrive! Sculpture, abstract art focusing on mobile and stabile sculptures and has created over 400 sculptures. [GChris.com](http://GChris.com)

He wrote several nonfiction books. **Thrivism - Path to Thriving Future for All. Thrive! - Building a Thriving Future For All. People's Guide To A Thriving Future. Thrive! - Quick Guide To A Thriving Future. Thrive! Endeavor - All Thrive Forever. Early Extinction or Thriving Future. Be Unselfish (aka How to Survive and Thrive While Being Unselfish). Stop Selfish! (aka Stop Selfish, Shortsighted, and Stupid). The Thrive! System - Achieving Thriving Future For All. The Thrive! Philosophy. HealthePeople - Achieving Healthy People, Communities, Countries and World via Thrive!. First People Thriving Health Systems - Achieving healthy and thriving First People. Story of Thrive! Center and Thrive! Park. A Life in Pursuit of Thriving for All** is story of and by Chris and his lifelong pursuit of a thriving future. Available [Amazon.com](https://www.amazon.com) and [ThriveEndeavor.org](https://ThriveEndeavor.org)

He also wrote several fiction books. **black box - First Book in the Thrive! Series. The Thrive! Endeavor – Second Book In Thrive! Series. Angel - Thriving Creator of Artful Things. T!rrific [terrific] - What will you do to thrive?. Thrive Or Not To Thrive? – That Is The Question. A Tale Of Two Tomorrows. Extinction! – The Failure to Thrive. Thrive! – Escape from Extinction. Xtinct – Universal Justice for Earth. Being Unselfish – Unselfish Path To Surviving and Thriving. Angel - Unselfish, Thriving Saver Of Worlds.** Available [Amazon.com](https://www.amazon.com) and [GChris.com](https://GChris.com)

He created and donated Thrive! Park and The Thrive! Center as public spaces for hiking, environmental education, art creation and display, historical farm buildings, and Thrive! education.

He created and endowed the Thrive! Scholarship at the University of Wisconsin – Madison.

He received bachelor's in political science and master's in urban and regional planning from University of Wisconsin (Madison), and did doctoral work in health policy and management at John Hopkins University School of Public Health.